

"Give all your worries and cares to God, for he cares for you."

1 Peter 5:7

It's monsoon weather in Arizona. I like the smell of the rain. My kids like to fly kites, although we don't do that during a monsoon storm! Today I decide to fly a kite, but mine is imaginary. In my mind, I write my prayer requests on the kite-face, filling it up corner to corner. Then I release the string, sending my worries and concerns about others to God. My hand shakes as I let go of my grip. Giving my worry-kite over to Him is new for me. Yet I know God cares for me as well as those I love.

Lord, you don't leave me breathless, to zigzag uphill all day dragged by my worry-kite. Instead you encourage me to release my anxieties, up where the clouds are light. I feel lighter, too!

Thank you.

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